



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

AWAKEN SUMMER IMAGINATION!

Healthy Kids Day® 2019
ROCKLAND COUNTY YMCA



The Rockland County YMCA is holding a FREE community event to inspire kids to be active and establish healthy living.

The annual YMCA's Healthy Kids Day® is part of the YMCA's national initiative to ignite children's imagination so that they can have a healthy and active summer.

Events:

- Jumping in a bouncy castle
- Playing in a gaga pit
- Basketball/Sports activities
- Jump rope competitions
- Making healthy snacks and smoothies
- Fun science experiment
- Face painting
- Family swimming in the pool
- Movie in the pool
- DJ John w/ Action Entertainment
- And much, much more!

WHEN: Saturday, April 27, 2019
TIME: 11am – 2 pm
LOCATION: ROCKLAND COUNTY YMCA
35 S. Broadway
Nyack, NY 10960
(845) 358-0245
www.rocklandymca.org

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