



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

WIN A FREE MONTH! JOIN US FOR OUR GROUP FITNESS CLASS CHALLENGE

Starting in September 2019 we are running a contest for our members to win a free month of membership!

It's very simple - The more fitness classes you take – the more chances you will have to win.

Members will need to sign in for every class they take. Sign in sheets will be placed on the binder outside of the dance studio. Every class has a sheet a paper pre-assigned with the name of the class , date and time of day.

We are asking members to put their FULL NAME (must be legible) on the sheet of paper that is assigned to your class. That will be used to track attendance for the raffle. If we can't read the name – they will not be entered into the raffle.



**BE HEALTHY
BE STRONG
BELONG**

**FOR
QUESTIONS
CONTACT:**

**The Rockland County YMCA
(845) 358-0245 or www.rocklandymca.org**

ROCKLAND COUNTY YMCA
35 S. Broadway, Nyack NY 10960

