

ABOUT THE ROCKLAND COUNTY YMCA

Since its founding in Nyack in 1888, The Rockland County YMCA has been devoted to its mission: to welcome all people to programs that enhance their health and well-being, strengthen their personal and family relationships and enrich their spirits, minds and bodies

OUR FOCUS

We believe that to bring about meaningful change in individuals and communities, we must be focused and accountable. At the Y, we measure the success of our cause by how well we engage communities in our three areas of focus.

YOUTH DEVELOPMENT: Nurturing the potential of every child/teen.

HEALTHY LIVING: Improving the nation's health and well-being.

SOCIAL RESPONSIBILITY: Providing support to our community

Registration packets are available on our website

Any questions please call 845.357.4778



For more information about this
and other programs offered by the
Rockland County YMCA
please visit our website:
www.rocklandymca.org



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

BUILDING BRIGHT STARS

ROCKLAND COUNTY YMCA

'Y's Beginnings'
Toddler, Preschool, Pre K



ROCKLAND COUNTY YMCA
18 Parkside Drive
Suffern, NY 10901
845.357.4778
www.rocklandymca.org

The Rockland County YMCA offers our high-quality early childcare programs in two location in Rockland County:

Suffern – Toddler/Preschool/PreK(UPK)

Sloatsburg – Toddler/Preschool/PreK(UPK)

Y's Beginnings follows the Creative Curriculum, which is designed to meet the basic needs of the children. Inside the classroom, the teacher creates an atmosphere in which children feel safe, feel emotionally secure, and have a sense of belonging. Our daily lessons, taught by mature childcare professionals and certified teachers are created to boost development through age-appropriate activities, and stimulating hands-on experiences, with a balance of indoor and outdoor play. Healthy snacks, yoga and music appreciation classes are offered on a mothly basis.

SAMPLE DAILY SCHEDULE

Arrival & Table Top Activities

Circle Time (15 minutes)

Free Play/Center Time (60 minutes)

Clean Up / Snack (20 Minutes)

Gross Motor (30 minutes)

DISMISSAL

Program Hours:

Morning Session:9-11:30

Afternoon Session 12:30-3:00



PROGRAMS OFFERED

2019-2020 School Year:

SUFFERN-2 year old/ Toddlers-Tues & Thurs 9-11:30

SUFFERN-2 year old/Toddlers-Tues & Thurs 12:30-3:00

SUFFERN-3 year old/Preschool-Mon/Wed/Fri 9-11:30

SUFFERN-3 year old/Preschool-Mon/Wed/Fri 12:30-3:00

SUFFERN -4 year old/PRE-K-Monday-Friday 9-11:30

SUFFERN- 4 year old/ PRE-K-Monday-Friday 12:30-3:00

SLOATSBURG-2 year old/Toddler-Tues & Thur 12:30-3:00

SLOATSBURG-3 year old/ Preschool-Mon/Wed/Fri 12:30-3:00

SLOATSBURG -4 year old/PRE-K-Monday- Friday 9-11:30

****6 Week Summer Program also offered****

The Rockland County YMCA partners with Child Care Resources of Rockland (CCRR) to offer FREE UPK (Universal Pre-Kindergarten), a special prek program established by the NYSE Department .The program starts each year in September and applications are accepted for children who will be four years old by December 1st of the current school year. For more information please contact Child Care Resources of Rockland



To register please call 845.357.4778